



PROFESSIONAL REGULATION COMMISSION – BOARD OF NURSING

Scope of the Nursing Licensure Examination

NURSING PRACTICE 1

Test Description:

Theories concepts, principles and process basic to the practice of nursing with emphasis on health promotion and health maintenance. It includes basic nursing skills in the care of clients across age groups in any setting.

Moreover, it compasses the varied roles, functions and responsibilities of the professional nurse in varied health care settings.

Test Scope:

- I. Personal and Professional Growth and Development
 - a. Historical perspective in nursing
 - b. Nursing as a profession
 - c. Theoretical foundation of nursing applied in health care situations
 - d. Continuing professional education
 - e. Professional organizations in nursing
 - f. The nurse in health care

1. Eleven key areas of responsibilities
2. Fields of nursing
3. Roles and functions

II. Safe and Quality Care

a. The nursing process

b. Basic nursing skills

1. Admission and discharge

2. Vital signs

3. Physical examination and health assessment

4. Administration of medications

5. Asepsis and infection control

6. First aid measures

7. Wound care

8. Peri-operative care

9. Post-mortem care

c. Measures to meet physiological needs

i. Oxygenation

ii. Nutrition

iii. Activity, rest and sleep

iv. Fluid and electrolyte balance

v. Urinary elimination

vi. Bowel elimination

vii. Safety, comfort and hygiene

viii. Mobility and immobility

III. Health education

a. Teaching and learning principles in the care of clients

b. Health education in all levels of care

c. Discharge planning

IV. Ethico-Moral Responsibility

a. Bioethical principles

i. Beneficence

ii. Non-maleficence

iii. Justice

iv. Autonomy

v. Stewardship

vi. Truth telling

vii. Confidentiality

viii. Privacy

ix. Informed consent

b. Patient's bill of rights

c. Code of ethics in nursing

V. Legal Responsibility

- a. Legal aspects in the practice of nursing
- b. The Philippine Nursing Law of 2002 (R.A. 9173)
- c. Related laws affecting the practice of nursing

VI. Management of Environment and Resources

- a. Theories and principles and management
- b. Nursing administration and management
- c. Theories, principles and styles of leadership
- d. Concepts and principles of organization
- e. Patient care classification
- f. Nursing care systems
- g. Delegation and accountability

VII. Records Management

- a. Anecdotal report
- b. Incident report
- c. Memorandum
- d. Hospital manual
- e. Documentation
- f. Endorsement and end-shift report
- g. Referral

VIII. Quality Improvement

- a. Standards of nursing practice
- b. Nursing audit

c. Accreditation/certification in nursing practice

d. Quality assurance

IX. Research

a. Problem identification

b. Ethics and science of research

c. The scientific approach

d. Research process

e. Research designs and methodology

i. Qualitative

ii. Quantitative

X. Communication

a. Dynamics of communication

b. Nurse-client relationship

c. Professional-professional relationship

d. Therapeutic use of self

e. Use of information technology

XI. Collaboration and teamwork

a. Networking

b. Inter-agency partnership

c. Teamwork strategies

d. Nursing and partnership with other professions and agencies

NURSING PRACTICE II

Test descriptions:

Theories, principles and processes in the care of individuals, families, groups and communities to promote health and illness and alleviate pain and discomfort, utilizing the nursing process as framework. This include care of high risk and at-risk mothers, children and families during the various stages of the life cycle.

Test Scope:

PART I: CHN

I. Safe and Quality Care, Health Education and Communication, Collaboration and Teamwork

- a. Principles and standards of CHN
- b. Levels of care
- c. Type is clientele
- d. Health care delivery system
- e. PHC as a strategy
- f. Family-based nursing services/community health nursing process
- g. Population group-based nursing services
- h. Community organizing
- i. Public health programs

II. Research ad Quality Improvement

- a. Research in the community
- b. National health situation
- c. Vital statistics

d. Epidemiology

e. Demography

III. Management Of Resources And Environment And Records Management

a. Field health services and information system

b. Target-setting

c. Environmental sanitation

IV. Ethico-Moral Legal Responsibility

a. Socio-cultural values, beliefs and practices of individuals, families, groups and communities

b. Code of ethics for government workers

c. WHO, DOH, LGU policies on health

d. Local government code

e. Issues

IV. Personal and Professional Development

a. Self-assessment of CHN competencies, importance, methods and tools

b. Strategies and methods of updating one's self, enhancing competence in community health nursing and related areas

PART II: MCN

I. Safe and Quality Care, Health Education and Communication, Collaboration and Teamwork

a. Principles and theories of growth and development

b. Nursing care in the different stages of growth and development including

i. Nutrition

ii. Safety

iii. Language development

iv. Discipline

v. Play

vi. Immunization

vii. Anticipatory guidance

viii. Values formation

c. Human sexuality and reproduction including family planning

d. Nursing care of women during normal labor, delivery and postpartum

e. Nursing care of the newborn

i. APGAR scoring

ii. Newborn screening

iii. Maintenance of body processes (oxygenation, temperature, etc.)

f. Nursing care of women with complications of pregnancy, labor, delivery and postpartum period (high-risk conditions)

g. Nursing care of high-risk newborn

i. Prematurity

ii. Congenital defects

iii. Infections

h. Nursing care of women with disturbances in reproduction and gynecology

II. Research and Quality Improvement

a. Fertility statistics

- b. Infant morbidity and mortality
- c. Maternal mortality
- d. Standards of maternal and child nursing practice

III. Ethico-Moral-Legal Responsibility

- a. Socio-cultural values, beliefs and practices of individuals, families related to MCN
- b. WHO, DOH, LGU policies on health women and children
- c. Family code
- d. Child and youth welfare code
- e. Issues related to MCN

IV. Personal and Professional Development

- a. Self-assessment of MCN competencies, importance, methods and tools
- b. Strategies and methods of updating one's self, enhancing competencies in MCN and related areas

NURSING PRACTICE III, IV, V

Test Description:

Theories, concepts, principles and processes in the care of clients with altered health patterns, utilizing the nursing process and integrating the key areas of nursing competencies.

Test Scope:

- I. Safe and Quality Care, Health Education, Management of Environment and Resources and Quality Improvement

TEST III

- a. Client in pain
- b. Perioperative care
- c. Alterations in human functioning
 - 1. Disturbances in oxygenation
 - 2. Disturbances in metabolic and endocrine functioning
 - 3. Disturbances in elimination

TEST IV

- a. Alterations in human functioning
 - 1. Disturbance in fluids and electrolytes
 - 2. Inflammatory and infectious disturbances
 - 3. Disturbances in immunologic functioning
 - 4. Disturbances in cellular functioning
- b. Client in biologic crisis
- c. Emergency and disaster nursing

TEST V

- a. Disturbances in perception and coordination

i. Neurologic disorders

ii. Sensory disorders

iii. Musculo-skeletal disorders

iv. Degenerative disorders

b. Maladaptive patterns of behavior

i. Anxiety response and anxiety related disorders

ii. Psychophysiologic responses, somatoform and sleep disorders

iii. Abuse and violence

iv. Emotional responses and mood disorders

v. Schizophrenia and other psychotic and mood disorders

vi. Social responses and personality disorders

vii. Substance related disorders

viii. Eating disorders

ix. Sexual disorders

x. Emotional disorders of infants, children and adolescents

II. Personal and Professional Development

a. Nurse-client relationship

b. Continuing education

III. Communication, Collaboration and Teamwork

a. Team approach

b. Referral

c. Network/linkage

d. Therapeutic communication

IV. Ethico-Moral-Legal Responsibility

a. Confidentiality

b. Client's rights

1. Informed consent

2. Refusal to take medications, treatment and admission procedures

c. Nursing accountability

d. Documentation/charting

e. Culture sensitivity