

Erik Erikson's Developmental Stages

Stage	Age	(+) Outcome	(-) Outcome
Trust vs. Mistrust	Birth to 18 mo	Strong bonds, trust in mothering figure	Inability to bond, insecure, distrustful
Autonomy vs. Shame or Doubt	18 mo to 3 yrs	Independence, some self-esteem	Doubtful of own ability, dependent
Initiative vs. Guilt	3-6 yrs	Sense of purpose and ability.	Immobilized by guilt, dependent
Industry vs. Inferiority	6-12 yrs	Self-confidence by doing and achieving	Sense of inferiority, inability to achieve
Identity vs. Role Confusion	12-20 yrs	Secure sense of self, positive ideals	Confusion, inability to make decisions
Intimacy vs. Isolation	20-30 yrs	Lasting relationship or commitment	Isolation and a fear of commitment
Generativity vs. Stagnation	30-65 yrs	Creates a family, considers future welfare of others	Stagnation, self-centered, unfulfilled life and career
Ego Integrity vs. Despair	65-death	Positive sense of self-worth, accepts and prepares for death	Feeling of hopelessness, fears and denies death