

## Psychoanalytic Theory

### Structural Elements of Personality:

1. Id - The id operates on the pleasure principle. It is the component of personality present from birth and strives for the immediate gratification of desires. Says, "I want."
2. Ego - It is the ego, or rational mind, which controls the impulses of the id and mediates between the id and the superego. The ego says, "I think/I evaluate."
3. Superego -The superego is the conscience of the psyche and is the last component of personality to develop. It is also responsible for an individual's sense of right and wrong. The superego says, "I should/I ought."

### Topographic Model of the Mind:

1. Unconscious mind - All mental content and memories outside of conscious awareness; becomes conscious through the preconscious mind.
2. Preconscious mind - Not within the conscious mind but can more easily be brought to conscious awareness with effort. Reaches consciousness through word linkage.
3. Conscious mind - All content and memories immediately available and within conscious awareness. Of lesser importance to psychoanalysts.

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